

THE ATTITUDE TOWARDS COACHING SCALE: BETA VERSION

Delroy Constantine-Simms

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THE ATTITUDE TOWARDS COACHING SCALE: BETA VERSION Delroy Constantine-Simms BACKGROUND: THE ATTITUDE TOWARDS COACHING SCALE

The ATCS is the application of positive psychology, which draws on and develops established psychological theories and approaches to assist in the development of individuals and groups who most often do not have clinically significant mental health issues or abnormal levels of distress. As with the practice of psychology in clinical and organisational contexts, coaching psychology is inclusive of a range of different types of coaching approaches and theoretical orientations. In this instance, the ATCS tool looks at the perceptions of feedback experience, the diversity and equality issues discussed with coach, including the quality of the coaching relationship.

THE BETA VERSION

The BETA version of the ATCS consist of 30 questions which cover the following three areas:

- 1. Perceptions of feedback experience
- 2. Diversity and equality issues discussed with coach
- 3. Quality of coaching relationship

While it is accepted that most coaches offer their clients the opportunity to give feedback on there appears to no standard tool that can be used by clients that can provide quantifiable data, in order the measure attitudes and in some respects, the effectiveness of the coach.

THE PURPOSE OF THE TOOL IS TO:

- 1. To develop a baseline set of measures for monitoring attitudes towards coaching
- 2. To develop an understanding of the issues as coachee's saw them
- 3. To identify how client and coaches perceptions may differ.

Comments and Critiques are most welcome



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