

## What If This Is Heaven?: How Our Cultural Myths Prevent Us from Experiencing Heaven on Earth

Anita Moorjani



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Following her near-death experience as shared in the *New York Times* bestseller *Dying to Be Me*, **Anita Moorjani** knows well the truths that exist beyond common knowledge and acceptance. The clarity she has gained has led her to further understand who she was born to be.

Part of that truth has involved contemplating the cultural myths infused into our everyday lives. Passed down from generation to generation, these myths are pervasive and influential. From the belief we reap what we sow to the idea we must always be positive, cultural myths are often accepted as truths without questioning. Moorjani asserts it is now time for questioning in order to help us reach our fully informed, authentic selves.

Moorjani explores these common myths in their real-world existence while presenting examples from her own life that reveal the falsehoods beneath the surface. By freeing ourselves from these ubiquitous expectations, we can break open an honest pathway to life as it was meant to be lived.

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