



# **A Practical Guide to Child and Adolescent Mental Health Screening, Early Intervention, and Health Promotion**

*Bernadette M*

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"Every encounter with a child or adolescent, whether for a well-child or illness visit, is an opportunity to assess/screen for a mental health or psychosocial problem. This practical guide provides you with the tools to do just that; it provides information for the pediatric healthcare providers related to the prevention, screening, intervention and management of mental health disorders in the following areas: -Assessing Common Mental Health Problems -Diagnosing, Managing, and Preventing Mental Health Disorders -Anxiety Disorders - Depressive Disorders -Attention-Deficit/Hyperactivity Disorder (ADHD) -Somatoform Disorders - Disruptive Behaviors -Eating Disorders -Autism and Pervasive Development Disorders -Death, Loss and Grief -Marital Separation and Divorce -Maltreatment -Sexuality -Substance Abuse and Addiction Spectrum - Bullying and Violence -Overweight and Obesity -Reimbursement -Brief Evidence-Based Interventions - Promoting Mental Health in Schools."

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