

Riding Through the Storm: My Fight Back to Fitness on the Tour de France

Geoff Thomas

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As a soccer star for Crystal Palace and other top British clubs, Geoff Thomas was in peak physical shape. So when the recently retired athlete was diagnosed with leukemia in 2003, he focused upon an incredible feat of athletic achievement to help him survive: the Tour de France. In the summer of 2005, following a bone marrow transplant that saved his life, Thomas joined Lance Armstrong and other elite bicyclists on their grueling 21-day, 2,200 mile odyssey, despite having never before cycled competitively. This is his story, a true life tale of grit and determination in the face of a deadly disease, and of the iron-willed support of his family, friends, and fans who raised close to £200,000 for charity.



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