



Human Microbiome and Dysbiosis in Clinical Disease: Volume 1: Parts 1 - 4 (Inflammation Mastery / Functional Inflammation)

Alex Vasquez

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FULL-COLOR PRINTING: About this book and series: This book—first in the series on microbiome and dysbiosis—contains the study notes, text, diagrams, explanations, and sample examination questions for the online continuing education course series “Human Microbiome and Dysbiosis in Clinical Disease” described at ICHNFM.ORG/cme. Reading of this book is necessary for successful completion of the continuing education activities; video access to this updated material along with exam access and certificate of continuing education must be purchased/accessed separately while access via hyperlinks and passwords to other previous/ancillary videos is provided in this book. About the series: This is an updated excerpt—focusing on dysbiosis—from Functional Inflammation—Volume 1: Introduction to Clinical Nutrition, Functional Medicine, and Integrative Pain Management, the culmination of data from several thousand research publications combined with Dr Vasquez’s many years of clinical experience and teaching graduate-level students and doctorate-level clinicians worldwide. Using illustrations, flowcharts, acronyms, and detailed-yet-simplifying explanations, Dr Vasquez makes the learning process easier than ever for clinicians to grasp important concepts in integrative care and functional medicine and then to translate the basic science research, molecular biology, and clinical data into treatment plans that can be explained and used in “the real world” of clinical practice with patients. The associated video tutorials and recorded live conference presentations further help students and clinicians “get it” via Dr Vasquez’s effective teaching style which embraces complexity while always emphasizing clinical applicability and psychosocial context. The Inflammation Mastery & Functional Inflammation series of books and videos translates important concepts and nutritional/biomedical science into easy and practical clinical applications for the prevention and treatment of disorders of sustained inflammation, which Dr Vasquez describes as “patterns of metabolic disturbance and inflammatory dysfunction” existing in three sequential and overlapping categories: 1) metabolic inflammation, 2) allergic inflammation, and 3) autoimmune inflammation. For more insights and clinical applications, please see the full version of Functional Inflammation: Volume 1.

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