



# Psychosocial and Relationship-based Practice (Critical Approaches to Social Work)

*Claudia Megele*

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**Psychosocial and Relationship-based Practice (Critical Approaches to Social Work)** Claudia Megele  
Social work is fundamentally a relationship-based profession. This book offers, from a psychosocial and relationship-based perspective, a critical multidisciplinary analysis of UK case studies of social work interventions. Providing a description of each case, it draws on psychodynamic theory, object relations theory, attachment theory, relational psychoanalysis, and sociological theories and research to present a critical interdisciplinary analysis of the dynamics and the outcomes of each case. This provides the reader with a holistic and practical psychosocial and relationship-based perspective in thinking about and analyzing each case, and offers a host of learning that is immediately relevant to the readers' own practice. \*\*\*  
"Claudia Megele has written a book in which the 'emotional labour' of doing and being a social worker is beautifully and fully explored." - Foreword by Prof. David Howe \*\*\* "This engaging book is an excellent teaching tool for practitioners to enhance and inform relationship building skills." - Prof. Lynn McDonald, Middlesex U. \*\*\* "This book explains key psycho-dynamic concepts and applies them to cases in ways that illuminate superbly how relationships can be skilfully used to help vulnerable service users. It does this while ensuring workers' own internal lives and experiences of relationships are kept firmly in the picture, drawing out the agonies and ecstasies, joys and sorrows of people's lives when deeply engaged in social work." - Prof. Harry Ferguson, U. of Nottingham \*\*\* Librarians: ebook available on ProQuest and EBSCO (Series: Critical Approaches to Social Work) [Subject: Social Work]

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