



Refreshed: Random Acts of Kindness and Refreshment of the Heart

Lori Woodward

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Tahlia collapsed on the bed. Single, mother of an autistic son, working night shift and phone calls from the school had all taken their toll on her. She dreamed of something else, places far away, and longed for days of rejuvenation and refreshment. One random act of kindness transforms this solo mother's day. For author blog go to www.sokuchastones.com

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