



Heartburn Cured: Miracle Diet - Eliminate Heartburn Immediately Without Drugs

Norman Robillard Ph.D.

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The Real Cause of Heartburn, LPR, Bloating and other symptoms of Acid Reflux and GERD revealed.

Mark Sisson, author of the #1 bestselling health book on Amazon.com - The Primal Blueprint:

"Robillard's theory provides the most sound explanation for the growing incidence of GERD in Western society. If you have GERD, I'd encourage you to read the entire book."

Chris Kresser, health and wellness blogger and author: *"In his excellent book, Heartburn Cured, microbiologist Dr. Norm Robillard argues that carbohydrate malabsorption leads to bacterial overgrowth, resulting in intragastric pressure which drives reflux."*

Michael R. Eades, M.D., co-author of the New York Times best seller - Protein Power: *"Norm Robillard is the microbiologist and he himself has been a GERD sufferer for years... His theory makes perfect sense, and now that I understand it, I buy into it 100 percent."*

Norm Robillard, Ph.D., Founder of the Digestive Health Institute, is a microbiologist who was the FIRST to propose a novel root cause of GERD based on how diet affects bacteria in our gut. Scientists, physicians and health advocacy groups endorse his approach.

Over 50 years of dogma held in the medical establishment explains that certain (trigger) foods relax or weaken the LES muscles and trigger reflux. This idea does not fit the facts. Heartburn Cured provides overwhelming evidence that GERD is ultimately caused by repeated cycles of carbohydrate malabsorption and Small Intestinal Bacterial Overgrowth (SIBO).

This book explains how the author's personal journey and expertise came together to reveal how SIBO causes GERD. By understanding the true root cause of GERD, this condition can be treated by diet alone without drugs. The diet offers a variety of delicious foods including fruits, vegetables, fish, meats and healthy fats that will allow you to gain control of heartburn and other GERD symptoms in as little as two days.

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From reader reviews:

Michael Parker:

Have you spare time for just a day? What do you do when you have more or little spare time? Yes, you can choose the suitable activity with regard to spend your time. Any person spent all their spare time to take a stroll, shopping, or went to the Mall. How about open or perhaps read a book called Heartburn Cured: Miracle Diet - Eliminate Heartburn Immediately Without Drugs? Maybe it is being best activity for you. You already know beside you can spend your time with the favorite's book, you can smarter than before. Do you agree with the opinion or you have additional opinion?

Stella Carpenter:

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Delilah Jordan:

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