



# Music and the Brain: How Music Changes the Brain

*C.D. Shelton*

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## **Music and the Brain: How Music Changes the Brain** C.D. Shelton

Can music make a person smarter? Are you a parent that wants to boost the IQ of your child? Research studies have shown early music lessons (6-8 years old) affects the anatomy of the brain by increasing nerve fibers that connect the left and right motor regions, which have lasting positive effects.

A child doesn't have to be proficient playing an instrument to benefit from a musical education. All children can benefit from a musical education beyond the formative 6-8 years of age. Studies have shown a musical education improves self-discipline, dexterity, coordination, self-esteem, thinking skills, listening skills, creative abilities and personal expression; along with better writing, mathematical, people skills and much more as you will find in this eBook.

This eBook also highlights the "Mozart Effect" which has been found to temporarily alter intelligence by increasing IQ scores 8-9 points.

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