



Beauty Products for Beginners & Coconut Oil & Weight Loss for Beginners (Essentia Oils Box Set) (Volume 12)

Lindsey Pylarinos

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BEAUTY PRODUCTS FOR BEGINNERS: The Secret Homemade Recipe Guide Using Essential Oils for Natural Skin Care, Hair Care and Body Care & COCONUT OIL & WEIGHT LOSS FOR BEGINNERS: Proven Secrets of Virgin Coconut Oil & Quick Weight Loss *Bonus right after conclusion! Get it now!*

Basically, an essential oil contains aroma compounds found in plants. They are extracted from plants and are often fragrant or have distinctive scents that set them apart from artificial oils and products. Distillation is often the process done in order to extract oils from plants. Steam is essential in being able to get the oils out of the plants and in being able to preserve them well. Throughout history, essential oils have been used for a variety of reasons, such as for medicinal and aesthetic purposes.

Using essential oils in beauty products is ideal because they come from plants, which means that they are natural and there are no side effects to using them. Using essential oils is also a form of aromatherapy. Plus, being able to create your own beauty products with the help of different essential oils would be so much fun. Aside from being able to use the products on your own, you may also sell them to your friends and colleagues. Start reading this book now and create your very own natural beauty products!

Here Is A Preview Of What You'll Learn...

- Essential Oil Recipes for Skin Care
- Essential Oil Recipes for the Hair
- Essential Oil Recipes for Body Care
- More Recipes
- Much, much more!

Coconut Oil

You know coconut oil as a kitchen staple primarily used for cooking purposes.

However, are you aware that its soaring popularity these days is because of a particular thing it can do?

Did you know Coconut oil can make you lose your excess weight quickly while maintaining your good health condition?

Did you know it was regarded as an enemy of the heart because it is rich in saturated fats?

This reputation is the reason many consumers avoided using coconut oil.

Today, not only does coconut oil regain its good reputation, but it has earned and continues to earn the recommendation and endorsement of health and weight loss experts across the world.

Yes, coconut oil can help you lose your weight.

Here Is A Preview Of What You'll Learn...

- You Want Coconut Oil for Weight Loss?
- 3 Facts to Change Your Perception about Coconut Oil
- Coconut Oil and Health
- What the Health & Weight Loss Experts Are Saying About Coconut Oil
- Using Virgin Coconut Oil for Weight Loss
- How to Use Coconut Oil for Detox
- Much, much more!

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James Batts:

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