

Twilight Language of the Nagual: The Spiritual Power of Shamanic Dreaming

Merilyn Tunneshende



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Twilight Language of the Nagual: The Spiritual Power of Shamanic Dreaming Merilyn Tunneshende Reveals how the Nagual shamans move between this world and the dream realms

• Shows how the Twilight Language of Dreaming is an avenue for understanding the energetic gateways of human existence

• Presents detailed exercises for practical experiences in extra-lucid dreaming

Twilight Language of the Nagual is a shamanic and spiritual account that illuminates the author's experiences under the tutelage of don Juan Matus, the Toltec shaman who mentored Carlos Castaneda, and the sorceress doña Celestina. The author journeys from a mountaintop peyote pilgrimage of the Huichol people of western Mexico to the home of Tibetan monks in Mexico City and the hut of a Mazatec mushroom shaman in a remote Oaxacan village. She learns the Twilight Language of Dreaming, an avenue for understanding the energetic gateways of human existence. Don Juan Matus defines the language of this dream power and doña Celestina tutors on sex, reproduction, and male-female affairs in relation to the state of the world.

Twilight Language enables communication between beings of the upper and lower realms. The author describes how it is possible for our individual and collective consciousness to be transported to higher levels. At the conclusion of each of her narratives she offers detailed exercises for experiences in extra-lucid dreaming as well as case studies showing how to apply dreaming techniques in the "real" world. *Twilight Language of the Nagual* is both a serious navigational aid to other realms revealed through dreams and an exploration of the energy techniques of dream power for healing and enlightenment.

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