



Classical Ballet: Combinations for Ten Complete Advanced Classes

Tamara Stanwood

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Author Tamara Stanwood has compiled over 200 combinations for ballet barre, center, and pointe classes that will offer assistance to new and seasoned dance teachers alike. Gleaned from over 25 years of ballet training and teaching, these combinations will add variety to your ballet and pointe classes. Most exercises are suitable for intermediate through advanced students. Tamara holds an MFA degree in Dance from the University of Arizona and has danced professionally in Arizona and the Midwest. She studied ballet at Butler University and Indiana University where she completed her undergraduate degree in Ballet Performance."This is by far one of the most understandable ballet combination books to date. The exercises are advanced, articulate, lovely to dance and easy to read. It jump started my creativity and gave me fresh ideas for class. This is a go to (or it could be a must have) book for all ballet teachers." Molly Faulkner, Ph.D.



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