



Homemade Beauty Products: Easy DIY Recipes & Holistic Solutions for Glowing Skin and Beautiful Hair (Epsom Salt, Essential Oils, Natural Remedies) (Volume 1)

Cassia Albinson

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Why Spend Hundreds of Dollars on Overpriced, Commercial Beauty Products If You Can Create Your Own?

This book will show you how to do it in an easy and fast way!

You will learn how to take care of your skin and hair in a holistic way to avoid toxic chemical substances that are detrimental to your health.

The aim of this book is to provide you with cost-effective, natural and creative alternatives to the everyday commercially produced cosmetics that we are so used to using, but don't necessarily have to. The recipes for homemade beauty products in this book will provide you with a number of options for moisturizing, cleansing and exfoliating your skin; as well as a number of options for moisturizing, cleansing and treating your hair.

Here's What You Will Learn with Homemade Beauty Products:

Chapter One Homemade Moisturizers

AROMATHERAPY & ESSENTIAL OILS PRECAUTIONS

Aromatherapy General Precautions

Orange Essential Oil Moisturizer

Juniper Berry Essential Oil Moisturizer

Melissa Essential Oil Moisturizer

Lavender Essential Oil Moisturizer

Sage Essential Oil Moisturizer

Eucalyptus Essential Oil Moisturizer

Lemongrass Essential Oil and Honey Moisturizer

Chapter Two Homemade Facial Masks

Avocado and Banana Facial Mask

Coconut Oil Facial Mask with Orange Essential Oil

Honey, Ginger and Coconut Oil Facial Mask

Avocado, Honey and Burdock Root Facial Mask

Pomegranate Juice and Olive Oil Facial Mask

Coconut Oil and Melissa Essential Oil Facial Mask

Chapter Three Homemade Body Scrubs

Epsom Salt and Orange Essential Oil Body Scrub

Epsom Salt and Eucalyptus Essential Oil Body Scrub

Epsom Salt and Juniper Berry Essential Oil Body Scrub

Organic Sea Salt and Coconut Oil Body Scrub

Organic Sea Salt and Olive Oil Body Scrub

Organic Sea Salt and Avocado Oil Body Scrub

Organic Sea Salt, Ginger and Lemongrass Essential Oil Body Scrub

Organic Sea Salt and Melissa Essential Oil Body Scrub

Chapter Four Homemade Hair Care Products

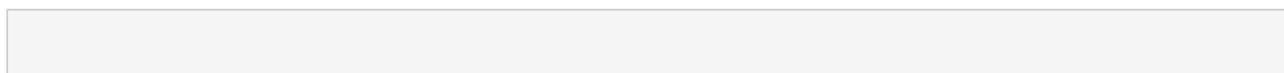
Coconut Oil Hair Treatment

Coconut Oil and Orange Essential Oil Hair Treatment

Apple Cider Vinegar Volumizing Hair Treatment

Olive Oil and Lavender Essential Oil Hair Treatment

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From reader reviews:

Elizabeth Wiggins:

Reading a reserve tends to be new life style with this era globalization. With looking at you can get a lot of information that could give you benefit in your life. With book everyone in this world can certainly share their idea. Textbooks can also inspire a lot of people. Lots of author can inspire their own reader with their story as well as their experience. Not only situation that share in the ebooks. But also they write about the ability about something that you need instance. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that you can get now. The authors on earth always try to improve their ability in writing, they also doing some research before they write with their book. One of them is this Homemade Beauty Products: Easy DIY Recipes & Holistic Solutions for Glowing Skin and Beautiful Hair (Epsom Salt, Essential Oils, Natural Remedies) (Volume 1).

Rod Doughty:

Are you kind of stressful person, only have 10 or 15 minute in your day time to upgrading your mind proficiency or thinking skill perhaps analytical thinking? Then you are experiencing problem with the book as compared to can satisfy your short space of time to read it because all of this time you only find book that need more time to be go through. Homemade Beauty Products: Easy DIY Recipes & Holistic Solutions for Glowing Skin and Beautiful Hair (Epsom Salt, Essential Oils, Natural Remedies) (Volume 1) can be your answer since it can be read by anyone who have those short spare time problems.

William Matthews:

The book untitled Homemade Beauty Products: Easy DIY Recipes & Holistic Solutions for Glowing Skin and Beautiful Hair (Epsom Salt, Essential Oils, Natural Remedies) (Volume 1) contain a lot of information on the item. The writer explains the girl idea with easy way. The language is very clear to see all the people, so do not necessarily worry, you can easy to read the item. The book was authored by famous author. The author provides you in the new age of literary works. You can easily read this book because you can read more your smart phone, or product, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can open their official web-site along with order it. Have a nice go through.

Ashley Robinette:

In this time globalization it is important to someone to find information. The information will make you to definitely understand the condition of the world. The health of the world makes the information better to share. You can find a lot of references to get information example: internet, magazine, book, and soon. You can observe that now, a lot of publisher this print many kinds of book. Typically the book that recommended to your account is Homemade Beauty Products: Easy DIY Recipes & Holistic Solutions for Glowing Skin and Beautiful Hair (Epsom Salt, Essential Oils, Natural Remedies) (Volume 1) this reserve consist a lot of

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