



Boy Crazy: Why Monogamy Is So Hard for Gay Men and What You Can Do About It

Michael Shelton MC CAC

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A thorough, serious examination of monogamy and the gay male that asks, “Why is monogamy so difficult for gay men?” and “What can male couples do to maintain relationship satisfaction knowing in advance that monogamy is unlikely?”

This will be the first book to use cutting-edge sex and brain research to examine monogamy in the gay male community, revealing the conclusion that gay men find long-term monogamy extremely challenging. The book explores such topics as “Challenges to Gay Monogamy” and “Hardwired Sexuality.”

Michael Shelton, MC, CAC, is an author and clinician at the Joseph J. Peters Institute, a nationally recognized facility for its research into human sexuality.

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