

## Diabetes: Oral Medication and Insulin Therapies: A Practical Guide for Reaching Diabetes Target Goals

Charlene Freeman



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Diabetes has reached epidemic proportions - not only for adults, but also for children. This book will be helpful in assisting healthcare professionals to identify those patients at risk for developing diabetes, in order to diagnose and treat early. The latest algorithm for treating Type 2 diabetes with oral medications and the various insulin regimens are outlined to reach the appropriate target good glucose goals for the individual patient. Reaching the target goals has been shown to prevent the acute (hypoglycemia and hyperglycemia) and the chronic (retinopathy, nephropathy, neuropathy, coronary heart disease and stroke) complications of diabetes. Therefore, it is critical that healthcare professionals have the knowledge to asset their patients in meeting their individual diabetes goals.

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