

DREAM BOOK - The Meaning of Dreams and Fantasies (DREAM TRILOGY) (Volume 2)

Craig Hamilton-Parker



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This book will help you to understand and interpret some of the most common dreams you are likely to have. The dream lists are divided into 5 main themed sections: Sex and Relationships, Money and Career, Travel and Adventure, Childhood and Family and Spirit & Soul. The in-depth interpretations will give you an insight into the workings of your unconscious mind and enable you to discover the unconscious forces that drive you.

The author has also included positive fantasy, visualization and daydreaming techniques that you can use to easily gain insight into your hidden emotions and feelings. This form of mindful self-observation in daily life will deepen your understanding of how the unconscious is influencing your decisions. By knowing these hidden influences you will gain greater control of your unconscious and become less prone to heated emotions or foolish behavior. The techniques will give you an easy way to use dreams and imagination to become the master of yourself.

Watching the mind's spontaneous faculty of imagining impossible or improbable things reveals a great deal about what is happening within us. With this new self-knowledge you will gain greater insight – and with this a degree of control – over your thoughts, feelings and worries. You will be shown how dreams and fantasies can entrap you or liberate you. We can change everything – if we can simply learn how to dream!

CHAPTERS INCLUDE:

The Power of Fantasy

Daydreams, Daydreaming Exercise, Unconscious Fantasy, Exercise, Conscious Fantasy, Fantasy Dreams, Dream Recall Tips, Understanding Dreams, Remembering Exercise.

Dreams Themes About Sex & Relationships

Sigmund Freud's Theories, Sexual Imagination, Sexual Dreams, Sex and Mysticism, Inducing Sexual Dreams, Dream Incubation, The Meaning of Dreams, Naked Dreams, Guilt and Regrets, Sex with Strangers Dreams, Gay Dreams, Dreams about Sex in Public Places, Bondage Dreams, Rape Dreams, Soulmates and Wholeness, Sex Folklore, Modern Superstitions, Dream Exercise.

Dreams Themes About Money & Career

Money Dreams Meanings, Finding Treasure, Treasure Affirmation, Earning Money, Earning Too Little, Earning Too Much, Wealth Dreams, Wearing Jewelry, Gambling Dreams, Being Robbed or Attacked, Dream of Being a Beggar, Dreams About Losing Things, Dreams about being unable to pay, Affluence Affirmation, Power Dreaming, Dream Techniques, Lucid Dream Creativity, Lucid Dream Role Play.

Dreams Themes About Travel and Adventure

Dreams About Paradise and Hell, Dreamscapes, Foreign Countries and Cities, Dreams About Strange Buildings, The Inner Adventure, The Journey to the Self, The Wise Guide, The Goal of the Journey.

Dreams Themes About Children and Family

Symbolism of the Family, Freud and Childhood Desires, Childhood Fantasies in Dreams and Fairy Tales, Dreams About Childhood and the Family, Dreams of the Mother, Dreams of the Father, Dreams about Husbands and Wives, Brothers and Sisters, Dreams about Children, Grandparents,

Dreams About Death, Spirit & Soul

Our Spiritual Side and the Collective Unconscious, Death Dreams and Other Worlds, Death Premonitions, The Process of Becoming, Within and Without, Psychic Dreams, Deja vu, Dream Experiment, Coincidences, The Secret Power, Positive Thinking, Influencing the Future, Dream Experiment, Changing Your Life.

THE DREAM BOOK TRILOGY

This book is part of the *Dream Book Trilogy*. See the back pages for other books in this series. In book 2 you will learn to Interpret Dreams and Fantasies and in Book 3 you will learn to work with dream clairvoyance.

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