



# **The Doctor's Guide to Gastrointestinal Health: Preventing and Treating Acid Reflux, Ulcers, Irritable Bowel Syndrome, Diverticulitis, Celiac Disease, ... Pancreatitis, Cirrhosis, Hernias and more**

*Paul Miskovitz M.D., Marian Betancourt*

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"This is the reference guide you dream about--answers to all your important questions written in a language you can understand. For everyone who wants better health and peace of mind."

--Diane Sawyer, Co-anchor of ABC News' Good Morning America and PrimeTime Thursday

"An important, practical, easy-to-read, and easy-to-understand source of information for anyone with a chronic gastrointestinal problem."

--Isadore Rosenfeld, M.D., Rossi Distinguished Professor of Clinical Medicine at Weill Medical College of Cornell University and bestselling author

Digestive ailments, whether mild or life-threatening, are a major concern for millions of people--and they can be difficult to diagnose and treat. Now, in this essential reference book, Dr. Paul Miskovitz, a physician at one of the world's top medical institutions, helps you understand the causes, symptoms, diagnoses, and medical treatments for a wide range of gastrointestinal disorders--everything from heartburn to IBS to hepatitis C.

This comprehensive, user-friendly guide begins with an overview of how your gastrointestinal system works and how it is affected by lifestyle, age, and emotions. Dr. Miskovitz then explains the disorders that can affect your esophagus, stomach, intestine, gallbladder, liver, pancreas, colon, and abdominal cavity--revealing how to identify and treat problems and, in most cases, prevent them. You'll also learn how to:

- \* Maintain a healthy gastrointestinal system through diet, exercise, checkups, and screenings
- \* Find the right gastroenterologist for you
- \* Identify symptoms and get an accurate diagnosis
- \* Prevent gastrointestinal problems when you travel

Complete with a list of organizations that provide information and support, The Doctor's Guide to Gastrointestinal Health is the ultimate resource for you and your family.

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**Paul Cockrell:**

Here thing why this kind of The Doctor's Guide to Gastrointestinal Health: Preventing and Treating Acid Reflux, Ulcers, Irritable Bowel Syndrome, Diverticulitis, Celiac Disease, ... Pancreatitis, Cirrhosis, Hernias and more are different and reputable to be yours. First of all examining a book is good but it really depends in the content of computer which is the content is as yummy as food or not. The Doctor's Guide to Gastrointestinal Health: Preventing and Treating Acid Reflux, Ulcers, Irritable Bowel Syndrome, Diverticulitis, Celiac Disease, ... Pancreatitis, Cirrhosis, Hernias and more giving you information deeper and in different ways, you can find any reserve out there but there is no guide that similar with The Doctor's Guide to Gastrointestinal Health: Preventing and Treating Acid Reflux, Ulcers, Irritable Bowel Syndrome, Diverticulitis, Celiac Disease, ... Pancreatitis, Cirrhosis, Hernias and more. It gives you thrill looking at journey, its open up your current eyes about the thing this happened in the world which is might be can be happened around you. It is possible to bring everywhere like in recreation area, café, or even in your technique home by train. When you are having difficulties in bringing the imprinted book maybe the form of The Doctor's Guide to Gastrointestinal Health: Preventing and Treating Acid Reflux, Ulcers, Irritable Bowel Syndrome, Diverticulitis, Celiac Disease, ... Pancreatitis, Cirrhosis, Hernias and more in e-book can be your option.

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**Santos Conrad:**

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