



The Massachusetts General Hospital Handbook of Behavioral Medicine: A Clinician's Guide to Evidence-based Psychosocial Interventions for Individuals with Medical Illness (Current Clinical Psychiatry)

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This book covers mental health problems that are also associated with increased service utilization and health care costs. Written by experts in the field, this evidence-based text approaches the problems in the development, maintenance, and exacerbation of mental illness and provides tools for transitioning from biomedical to biopsychosocial. Topics include preventative health concerns, acute and chronic medical conditions, cultural trends, and the needs of special and vulnerable populations. The text also includes resources for further reference and case examples that clearly demonstrates the characteristics of each condition, treatment, and strategies.

The Massachusetts General Hospital Handbook of Behavioral Medicine is a valuable resource for psychiatrists, psychologists, and all medical professionals catering to the psychosocial needs of outpatient medical patients.

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